2019!

…a year to be perfectly YOUish!

It’s a New Year, a time to reflect and set positive goals for a new chapter, a fresh page for 2019. Think about the character Ramon, our protagonist in Peter H. Reynolds’ picture book, entitled ish. Page one begins with the simple words, “Ramon loved to draw.”

What are some things that you LOVE to do?

Make a list on the lines below of a few things that you truly enjoy doing. These could be any activities, including family adventures or traditions, hobbies or organized sports, music, art, etc.

Next to each, write three words or phrases that describe how you feel when you’re actually doing these things.

 Example:

* Writing ~ lost in the moment, free, connected to the world

Now it’s your turn…

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Ramon learned a valuable lesson when he gave up doing what he loved (just because his brother laughed and made a careless and hurtful comment). Think carefully about the “wisdom” of Reynolds’ story. What message is our author trying to give us through the character of Ramon?? Write it in your own words on the lines below.

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* Now it’s your turn to use this message and apply it to your own life…

Choose one of the things you listed as “a love” on the previous page. Set a goal related to it, a goal that will help you to focus on being perfectly YOUish!

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* Let’s start 2019 right!!!!